



West Corporation Founders Adopt 10b5-1 Trading Plan

OMAHA, Neb., Nov 29, 2005 /PRNewswire-FirstCall via COMTEX News Network/ -- West Corporation (Nasdaq: WSTC) announced today that Gary L. West and Mary E. West, the co-founders and majority stockholders of the Company, have adopted a pre-arranged sales plan to sell shares of West Corporation stock in order to diversify a portion of their holdings. The sales plan was adopted in accordance with Rule 10b5-1 under the Securities Exchange Act of 1934 and the Company's policies with respect to insider trades.

Under the plan, the Wests may sell up to 1.8 million shares between January 17, 2006 and December 29, 2006, with no more than 150,000 shares sold in any one calendar month. If the full amount of shares are sold pursuant to the sales plan, the Wests will continue to be the beneficial owners of more than 55% of the Company's outstanding common stock, based on the number of shares currently outstanding. Sales of the shares will be subject to pre-determined minimum price terms. The transactions under this plan will be disclosed publicly as they occur through filings with the Securities and Exchange Commission.

Rule 10b5-1 enables corporate officers and directors to adopt pre-arranged stock trading plans for selling stock when they do not have material, non-public information. The rule allows individuals adopting such plans to sell shares over a specified period of time or at specific prices in the future, regardless of any subsequent material non-public information they may receive.

About West Corporation

West Corporation is a leading provider of outsourced communication solutions to many of the world's largest companies. The company helps its clients communicate effectively, maximize the value of their customer relationships and drive greater revenue from each transaction. West's integrated suite of customized solutions includes customer acquisition, customer care and retention services, interactive voice response services, and conferencing and accounts receivable management services.

Founded in 1986 and headquartered in Omaha, Nebraska, West has a team of approximately 27,000 employees based in North America, Europe and Asia.

For more information, please visit <http://www.west.com>.

SOURCE West Corporation

Investor Relations, David Pleiss of West Corporation, +1-402-963-1500

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