



August 12, 2015

U.S. Energy Corp. to Present at the Enercom Oil & Gas Conference 20

RIVERTON, Wyo., Aug. 12, 2015 (GLOBE NEWSWIRE) -- U.S. Energy Corp. (NASDAQ:USEG) today announced that its management team will be presenting at the following industry conference:

Event: The Enercom Oil & Gas Conference 20
Denver, Colorado

Location: The Westin Denver Downtown
1672 Lawrence Street
Denver, Colorado 80202
Telephone: 1-303-572-9100

Date: Wednesday, August 19, 2015. The presentation will take place in Confluence room A, beginning at 10:30 AM MDT. There will be a one on one breakout session to follow.

Conference Website: www.theoilandgasconference.com

Conference Webcast: <http://www.oilandgas360.com/togc-webcast/useg/>

To view accompanying presentation materials for this event, there will be a link on U.S. Energy Corp.'s home page at www.usnrg.com on the date of the event.

About U.S. Energy Corp.

U.S. Energy Corp. is a natural resource exploration and development company with a primary focus on the exploration and development of its oil and gas assets. The Company also owns the Mount Emmons molybdenum deposit located in west central Colorado. The Company is headquartered in Riverton, Wyoming and trades on the NASDAQ Capital Market under the symbol "USEG".

For further information, please contact:

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Source: U.S. Energy Corp.

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