Fortress International Group, Inc. to Report First Quarter 2009 Financial Results on Thursday, May 14, 2009

COLUMBIA, MD, May 06, 2009 (MARKETWIRE via COMTEX News Network) -- Fortress International Group, Inc. (NASDAQ: FIGI) (NASDAQ: FIGIU) (NASDAQ: FIGIW), a leading provider of Consulting and Engineering, Construction Management and 24/7/365 Site Services for mission-critical facilities, will report financial results for its first quarter ended March 31, 2009 before market open on Thursday, May 14, 2009. The Company will also conduct a conference call at 8:30 a.m. ET that day. To participate on the conference call, please dial 888-846-5003 or 480-629-9856. Investors may also access a live audio webcast of this conference call under the Events tab on the investor relations section of the Company's website at http://ir.thefigi.com/index.cfm.

A replay of the webcast will be available approximately two hours after the conclusion of the call. The webcast replay will remain available for 90 calendar days. An audio replay of the conference call will be available approximately one hour after the conclusion of the call and will be made available until Friday, May 29, 2009. The audio replay can be accessed by dialing 800-406-7325 or 303-590-3030 and entering access ID number 4069339.

About Fortress International Group, Inc.:

Fortress International Group, Inc. is leading mission-critical facilities into a new era of maximum uptime and efficiency. By combining the knowledge and experience of Total Site Solutions and Rubicon Professional Services, two experts in critical facilities infrastructure, Fortress International provides Consulting and Engineering, Construction Management and 24/7/365 Site Services for the world's most technology dependent organizations. Serving as a trusted advisor, Fortress delivers the strategic guidance and pre-planning that makes every stage of the critical facility lifecycle more efficient. For those who own, lease or manage mission-critical facilities, Fortress provides innovative end-to-end capital management, energy, IT strategy, procurement, design, construction, implementation and operations solutions that optimize performance and reduce cost. Fortress International Group, Inc. -- setting a new standard for the optimized critical facility.

Fortress International Group, Inc. (NASDAQ: FIGI) is headquartered in Maryland, with offices throughout the U.S. For more information, visit: www.FortressInternationalGroup.com or call 888-321-4877.


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