



Fortress International Group's Wholly Owned Subsidiaries, Total Site Solutions and Rubicon Professional Services, Now Doing Business as Fortress International Group

Vertically Integrated Strategy Establishes Company as Premier Provider in Fragmented Critical Facilities Market; New Line of Efficiency-Focused Critical Facility Services Launched

COLUMBIA, MD, May 11, 2009 (MARKETWIRE via COMTEX News Network) -- Fortress International Group, Inc. (NASDAQ: FIGI) (NASDAQ: FIGIU) (NASDAQ: FIGIW) ("Fortress"), a leading provider of Consulting and Engineering, Construction Management and 24/7/365 Site Services for mission-critical facilities, announced today that two of its wholly owned subsidiaries, Total Site Solutions and Rubicon Professional Services, are now doing business as Fortress International Group.

The subsidiaries' name change reinforces Fortress International's position as the most recognized and respected brand in the critical facility infrastructure solutions industry. In conjunction with the subsidiaries' rebranding, Fortress today announced several new service offerings: Fortress Capital Solutions, Fortress Real Estate Solutions and Fortress Strategic Energy Management Solutions(TM) (SEMS). The new service offerings are integral components of Fortress International's strategy to provide the critical facilities market's most complete spectrum of solutions.

- Fortress Capital Solutions offer customers a means for financing physical infrastructure equipment and improvements through the sale and lease back of existing assets, performance contracting solutions and joint venture opportunities. This solution benefits Fortress customers by conserving capital, removing capital expenses from their corporate balance sheets and eliminating possible barriers for project execution.
- Fortress Real Estate Solutions bring technology, energy and development expertise to the real estate process for critical facility owners. Fortress provides asset-based due diligence services, site assessments, analysis and evaluations from a utility, security and telecommunications perspective. Fortress also provides conceptual design, construction modeling and budgeting (capital and operating pro formas), and technology market analysis, whether it be a real estate, co-location or hosting model.
- Fortress Strategic Energy Management Solutions for the first time offer technology-dependent organizations an integrated approach to power and conservation within critical facilities. Fortress SEMS goes beyond standard energy efficiency audits and integrates the myriad of environmental, technical, legal, financial and administrative energy considerations facing technology-dependent organizations. Fortress SEMS services include Demand Side Management, Sustainability and Green Initiatives, Energy Procurement, Bill Audit and Pay services, Demand Response Programs and Management Reporting.

Thomas P. Rosato, Fortress International's CEO, stated: "These new services, combined with Fortress International's core services in Consulting and Engineering, Construction Management and Site Services for critical facilities, provide our customers a complete and integrated approach to driving efficiencies and reducing cost through all phases of their critical facilities' lifecycles. Through strategic acquisitions and recent key hires, Fortress International is uniquely qualified to deliver on this promise to our customers, which is backed by a technical and management team that averages more than 25 years' experience in the critical facilities industry."

Concluded Mr. Rosato, "Following the rebranding, Fortress International stands as the premier provider of comprehensive and turnkey infrastructure solutions to the highly fragmented critical facilities market. The acquisitions of Total Site Solutions and Rubicon, coupled with the introduction of these new services, accelerate our strategy to become a one-stop shop to the world's most technology-dependent organizations and gives us the means with which to deepen and expand our penetration of the market for additional and higher margin revenue opportunities. We believe the benefits of this vertically integrated strategy will

be felt by customers, shareholders and employees in the months and years to come."

The subsidiary name changes are effective immediately. Fortress Capital Solutions, Fortress Real Estate Solutions and Fortress Strategic Energy Management Solutions are also now available.

About Fortress International Group, Inc.:

Fortress International Group, Inc. is leading mission-critical facilities into a new era of maximum uptime and efficiency. By combining the knowledge and experience of Total Site Solutions and Rubicon Professional Services, two experts in critical facilities infrastructure, Fortress International provides Consulting and Engineering, Construction Management and 24/7/365 Site Services for the world's most technology-dependent organizations. Serving as a trusted advisor, Fortress delivers the strategic guidance and pre-planning that makes every stage of the critical facility lifecycle more efficient. For those who own, lease or manage mission-critical facilities, Fortress provides innovative end-to-end capital management, energy, IT strategy, procurement, design, construction, implementation and operations solutions that optimize performance and reduce cost. Fortress International Group, Inc. -- setting a new standard for the optimized critical facility.

Fortress International Group, Inc. (NASDAQ: FIGI) is headquartered in Maryland, with offices throughout the U.S. For more information, visit: www.fortressinternationalgroup.com or call 888-321-4877.

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