



TRIANGLE
CAPITAL
CORPORATION

3700 Glenwood Avenue, #530
Raleigh, NC 27612
Direct: 919.719-4770

MARCH 26, 2014

**IMPORTANT INFORMATION REGARDING DISTRIBUTION DECLARED
FEBRUARY 12, 2014, PAYABLE ON MARCH 26, 2014 TO HOLDERS OF RECORD AS
OF MARCH 5, 2014**

DISTRIBUTION NOTICE – Pursuant to Section 19(a) of the Investment Company Act of 1940, as amended, we are providing Triangle Capital Corporation’s (the “Company”) stockholders of record as of March 5, 2014 with an estimate of the source of the Company’s distribution declared on February 12, 2014. **THIS NOTICE IS FOR INFORMATIONAL PURPOSES ONLY. NO ACTION IS REQUIRED ON YOUR PART.** These estimates may, and likely will, vary over time based on the investment activities of the Company and changes in the value of our portfolio investments. The final determination of the source and tax characteristics of all distributions will be made after December 31, 2014 and reported to you on Form 1099-DIV early in 2015.

The Company estimates that the distribution payable on March 26, 2014 is comprised 100% of net long-term capital gains.