



July 26, 2016

Carrols Restaurant Group, Inc. to Announce Second Quarter 2016 Financial Results on August 9, 2016

SYRACUSE, N.Y.--(BUSINESS WIRE)-- Carrols Restaurant Group, Inc. ("Carrols") (Nasdaq:TAST), the largest BURGER KING® franchisee in the United States, today announced that Daniel T. Accordino, Chief Executive Officer, and Paul Flanders, Chief Financial Officer, will host a conference call to discuss second quarter 2016 financial results on Tuesday, August 9, 2016 at 8:30 AM ET. A press release with second quarter 2016 financial results will be issued at 7:00 AM ET that same day.

The conference call can be accessed live over the phone by dialing 785-830-1926. A replay will be available one hour after the call and can be accessed by dialing 719-457-0820; the passcode is 4724396. The replay will be available until Tuesday, August 16, 2016. Investors and interested parties may listen to a webcast of this conference call by visiting www.carrols.com under the tab "Investor Relations".

About the Company

Carrols is the largest BURGER KING® franchisee in the United States with 727 restaurants and has operated BURGER KING® restaurants since 1976. For more information on Carrols, please visit the company's website at www.carrols.com.

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