



February 8, 2017

Carrols Restaurant Group, Inc. to Announce Fourth Quarter and Full Year 2016 Financial Results on March 2, 2017

Company to Present at the Raymond James Conference on March 8, 2017

SYRACUSE, N.Y.--(BUSINESS WIRE)-- Carrols Restaurant Group, Inc. ("Carrols") (Nasdaq:TAST), the largest BURGER KING® franchisee in the United States, today announced that Daniel T. Accordino, Chief Executive Officer, and Paul Flanders, Chief Financial Officer, will host a conference call to discuss fourth quarter and full year 2016 financial results on Thursday, March 2, 2017 at 8:30 AM ET. A press release with fourth quarter and full year 2016 financial results will be issued at 7:00 AM ET that same day.

The conference call can be accessed live over the phone by dialing 888-337-8169 or for international callers by dialing 719-457-2702. A replay will be available one hour after the call and can be accessed by dialing 888-203-1112 or for international callers by dialing 1-719-457-0820; the passcode is 8328119. The replay will be available until Thursday, March 9, 2017. Investors and interested parties may listen to a webcast of this conference call by visiting www.carrols.com under the tab "Investor Relations".

Investor Conference Participation

Carrols also announced today that Paul Flanders, Chief Financial Officer, will be presenting at the Raymond James 38th Annual Institutional Investors Conference in Orlando, Florida on Wednesday, March 8, 2017 at 9:15 AM ET. Investors and interested parties may listen to a webcast of this presentation by visiting www.carrols.com under the tab "Investor Relations".

About the Company

Carrols Restaurant Group, Inc. is the largest BURGER KING® franchisee in the United States with 753 restaurants as of January 1, 2017 and has operated BURGER KING® restaurants since 1976. For more information on Carrols, please visit the company's website at www.carrols.com.

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