



## **Carrols Restaurant Group, Inc. Announces Internet Availability of 2009 Annual Stockholders Meeting Proxy Materials**

SYRACUSE, N.Y., May 14, 2009 (BUSINESS WIRE) -- Carrols Restaurant Group, Inc. (Nasdaq: TAST), the parent company of Carrols Corporation, today announced the Internet availability of proxy materials for its 2009 Annual Meeting of Stockholders under the U.S. Securities and Exchange Commission's Notice and Access rule.

On April 24, 2009, the "Notice of Internet Availability of Proxy Materials" was mailed to stockholders of record as of April 15, 2009. Stockholders will receive a control number in this mailing and can access the Company's proxy materials at [www.proxyvote.com](http://www.proxyvote.com).

By implementing the Notice and Access rule, the Company has reduced the number of printed copies of its proxy materials, both lowering the cost and reducing the environmental impact of producing and delivering these materials.

The Company's 2008 Annual Report and proxy statement have been filed with the Securities and Exchange Commission. The Company's 2008 Annual Report may also be viewed on the Company's website at [www.carrols.com](http://www.carrols.com) under "Investors Relations". The Company's stockholders may obtain paper copies of the proxy materials, free of charge, by following the instructions provided in the "Notice of Internet Availability of Proxy Materials".

The Company's 2009 Annual Meeting of Stockholders will be held on Wednesday, June 3, 2009 at 1:00 p.m. (EDT) at the Newark Liberty International Airport Marriott, Newark, New Jersey, 07114.

### **About the Company**

Carrols Restaurant Group, Inc., operating through its subsidiaries, including Carrols Corporation, is one of the largest restaurant companies in the United States. The Company operates three restaurant brands in the quick-casual and quick-service restaurant segments with 559 company-owned and operated restaurants in 17 states as of March 29, 2009, and 29 franchised restaurants in the United States, Puerto Rico and Ecuador. Carrols Restaurant Group, Inc. owns and operates two Hispanic Brand restaurants, Pollo Tropical and Taco Cabana. It is also the largest Burger King franchisee, based on number of restaurants, and has operated Burger King restaurants since 1976.

SOURCE: Carrols Restaurant Group, Inc.

**Carrols Restaurant Group, Inc.**  
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