

MGP INGREDIENTS INC

Reported by **SEABERG KAREN**

FORM 4

(Statement of Changes in Beneficial Ownership)

Filed 03/23/18 for the Period Ending 03/22/18

Address 1300 MAIN ST

ATCHISON, KS, 66002

Telephone 9133671480

CIK 0000835011

Symbol MGPI

SIC Code 5180 - Wholesale-Beer, Wine and Distilled Alcoholic Beverages

Industry Food Processing

Sector Consumer Non-Cyclicals

Fiscal Year 12/31



[] Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL OMB Number: 3235-0287 Estimated average burden hours per response... 0.5

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person *					2. Issuer Name and Ticker or Trading Symbol						nbol		5. Relationship of Reporting Person(s) to Issuer (Check all applicable)			
Seaberg Karen				MGP INGREDIENTS INC [MGPI]						GPI]						
(Last)	(First)	rst) (Middle)			3. Date of Earliest Transaction (MM/DD/YYYY)						(Y)	X _ Director Officer (given	X _ Director 10% Owner Officer (give title below) Other (specify below)			
20076 266TH ROAD					3/22/2018											
(Street)				4. If Amendment, Date Original Filed (MM/DD/YYYY)						/DD/YYY	Y) 6. Individual	6. Individual or Joint/Group Filing (Check Applicable Line)				
ATCHISON, KS 66002					_								X_Form filed by One Reporting Person			
(City) (State) (Zip)											Form filed by	Form filed by More than One Reporting Person				
			Table	I - Non-I)eriv	ative Se	curities A	cqui	ired, Di	sposed	of, or l	Beneficially Own	ed			
1.Title of Security (Instr. 3)			2.	2. Trans. Date		Deemed cution e, if any	3. Trans. Code (Instr. 8)		4. Securities Acquired Disposed of (D) (Instr. 3, 4 and 5)		uired (A) o		mount of Securities Beneficially Owned owing Reported Transaction(s) r. 3 and 4)		Ownership Form:	7. Nature of Indirect Beneficial
							Code	V	Amount	(A) or (D)	Price				Direct (D) or Indirect (I) (Instr. 4)	Ownership (Instr. 4)
Common Stock			3.	/22/2018)		s		1150	D	\$87.45	2)	527352		I	by spouse's trust
Common Stock			3,	/22/2018)		S		1150	D	\$87.30	3)	199739		I	by trust
Common Stock			3.	/22/2018	7		s		1150	D	\$87.25	2	2461943		I	by Cray MGP Holdings LP
Common Stock			3.	/22/2018)		s		1150	D	\$87.44	2	2460793		I	by Cray MGP Holdings LP
Common Stock													111381		I	by IRA
Common Stock													11241		D	
	Tabl	le II - Deri	ivative	Securitie	es Be	neficiall	y Owned	(e.g	. , puts	calls,	warran	ts, options, conve	rtible sec	curities)		
1. Title of Derivate Security (Instr. 3)	2. Conversion or Exercise Price of Derivative	Date Execu Date,	3A. Dee Execution Date, if a	on (Instr	Acqui Dispo				6. Date Exercisable and Expiration Date		Securi Deriva	e and Amount of ties Underlying tive Security 3 and 4)	Inderlying Security Security (Instr. 5)		Ownership Form of Derivative Security:	11. Nature of Indirect Beneficial Ownership (Instr. 4)
	Security			Coo	le	V (A)	(D)	Da Ex	nte ercisable	Expiration Date		Amount or Number of Shares		Following Reported Transaction(s) (Instr. 4)	Direct (D) or Indirect (I) (Instr. 4)	

Explanation of Responses:

- (1) The transactions reported in this Form 4 were effected pursuant to a Rule 10b5-1 trading plan adopted by the reporting person on December 13, 2017.
- (2) The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$87.40 to \$87.47, inclusive. The reporting person undertakes to provide to MGP Ingredients, Inc., any security holder of MGP Ingredients, Inc., or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares bought at each separate price within the ranges set forth in this footnote.
- (3) The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$87.29 to \$87.30, inclusive. The reporting person undertakes to provide to MGP Ingredients, Inc., any security holder of MGP Ingredients, Inc., or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares bought at each separate price within the ranges set forth in this footnote.
- (4) The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$87.25 to \$87.68, inclusive. The reporting person undertakes to provide to MGP Ingredients, Inc., any security holder of MGP Ingredients, Inc., or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares bought at each separate price within the ranges set forth in this footnote.

Reporting Owners	

Paperting Owner Name / Addre	NGG	Relationships					
Reporting Owner Name / Addre	Director	10% Owner	Officer	Other			
Seaberg Karen							
20076 266TH ROAD	X						
ATCHISON, KS 66002							

Signatures

/s/ Lori Norlen, Attorney in Fact for Karen Seaberg	3/23/2018	
**Signature of Reporting Person	Date	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.