



INSTEEL INDUSTRIES INC.

Insteel Industries Announces First Quarter 2010 Conference Call

MOUNT AIRY, N.C., January 7, 2010 - Insteel Industries, Inc. (NasdaqGS: IIN) today announced that its first quarter 2010 earnings conference call will be webcast live over the internet on Thursday, January 21, 2010 at 10:00 a.m. ET following the release of the Company's first quarter financial results at 8:30 a.m. ET on that same day. The conference call can be accessed on the Company's website at <http://investor.insteel.com/> and will be archived for replay.

About Insteel

Insteel Industries is one of the nation's largest manufacturers of steel wire reinforcing products for concrete construction applications. The Company manufactures and markets prestressed concrete strand ("PC strand") and welded wire reinforcement, including concrete pipe reinforcement, engineered structural mesh and standard welded wire reinforcement. Insteel's products are sold primarily to manufacturers of concrete products that are used in nonresidential construction. Headquartered in Mount Airy, North Carolina, Insteel operates six manufacturing facilities located in the United States.

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