



INSTEEL INDUSTRIES INC.

Insteel Industries Announces Second Quarter 2009 Conference Call

MOUNT AIRY, N.C., April 2, 2009 - Insteel Industries, Inc. (NasdaqGS: IIN) today announced that its second quarter 2009 earnings conference call will be webcast live over the internet on Thursday, April 16, 2009 at 10:00 a.m. ET following the release of the Company's second quarter financial results at 8:30 a.m. ET on that same day. The conference call can be accessed on the Company's website at <http://investor.insteel.com/> and will be archived for replay.

About Insteel

Insteel Industries is one of the nation's largest manufacturers of steel wire reinforcing products for concrete construction applications. The Company manufactures and markets prestressed concrete strand ("PC strand") and welded wire reinforcement, including concrete pipe reinforcement, engineered structural mesh and standard welded wire reinforcement. Insteel's products are sold primarily to manufacturers of concrete products that are used in nonresidential construction. Headquartered in Mount Airy, North Carolina, Insteel operates six manufacturing facilities located in the United States.

Contact:

Michael C. Gazmarian
Vice President, Chief Financial Officer and Treasurer
Insteel Industries, Inc.
336-786-2141, Ext. 3020