HEALTHSTREAM INC

Reported by

SOUSA MICHAEL

FORM 3

(Initial Statement of Beneficial Ownership)

Filed 02/26/10 for the Period Ending 02/23/10

Address	209 10TH AVE SOUTH STE 450 NASHVILLE, TN 37203
Telephone	6153013100
CIK	0001095565
Symbol	HSTM
SIC Code	7370 - Computer Programming, Data Processing, And
Industry	Schools
Sector	Services
Fiscal Year	12/31

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FORM 3

UNITED STATES SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549

OMB APPROVAL
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INITIAL STATEMENT OF BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person *	2. Date of Event Requiring Statement (MM/DD/YYYY)	3. Issuer Name **and** Ticker or Trading Symbol
Sousa Michael	**2/23/2010**	**HEALTHSTREAM INC [HSTM]**
(Last) (First) (Middle) **209 10TH AVE. SOUTH, SUITE 450**	4. Relationship of Reporting Person(s) to Issuer (Check all applicable) _____ Director _____ 10% Owner ___ **X** ___ Officer (give title below) _____ Other (specify below) **Senior Vice President /**	
(Street) **NASHVILLE, TN 37203** (City) (State) (Zip)	5. If Amendment, Date Original Filed (MM/DD/YYYY)	6. Individual or Joint/Group Filing (Check Applicable Line) _ **X** _ Form filed by One Reporting Person ___ Form filed by More than One Reporting Person

Table I - Non-Derivative Securities Beneficially Owned

1.Title of Security (Instr. 4)	2. Amount of Securities Beneficially Owned (Instr. 4)	3. Ownership Form: Direct (D) or Indirect (I) (Instr. 5)	4. Nature of Indirect Beneficial Ownership (Instr. 5)
Common Stock	**2725**	**D**	

Table II - Derivative Securities Beneficially Owned (*e.g.* , puts, calls, warrants, options, convertible securities)

1. Title of Derivate Security (Instr. 4)	2. Date Exercisable and Expiration Date (MM/DD/YYYY)		3. Title and Amount of Securities Underlying Derivative Security (Instr. 4)		4. Conversion or Exercise Price of Derivative Security	5. Ownership Form of Derivative Security: Direct (D) or Indirect (I) (Instr. 5)	6. Nature of Indirect Beneficial Ownership (Instr. 5)
	Date Exercisable	Expiration Date	Title	Amount or Number of Shares			
Employee Stock Option (right to buy)	**11/1/2005**	**11/1/2012**	**Common Stock**	**8750**	**$2.03**	**D**	
Employee Stock Option (right to buy)	**11/1/2006**	**11/1/2012**	**Common Stock**	**8750**	**$2.03**	**D**	
Employee Stock Option (right to buy)	**11/1/2007**	**11/1/2012**	**Common Stock**	**8750**	**$2.03**	**D**	
Employee Stock Option (right to buy)	**11/1/2008**	**11/1/2012**	**Common Stock**	**8750**	**$2.03**	**D**	
Employee Stock Option (right to buy)	**2/25/2006**	**2/25/2013**	**Common Stock**	**1250**	**$3.18**	**D**	

Table II - Derivative Securities Beneficially Owned (*e.g.* , puts, calls, warrants, options, convertible securities)

1. Title of Derivate Security (Instr. 4)	2. Date Exercisable and Expiration Date (MM/DD/YYYY)		3. Title and Amount of Securities Underlying Derivative Security (Instr. 4)		4. Conversion or Exercise Price of Derivative Security	5. Ownership Form of Derivative Security: Direct (D) or Indirect (I) (Instr. 5)	6. Nature of Indirect Beneficial Ownership (Instr. 5)
	Date Exercisable	Expiration Date	Title	Amount or Number of Shares			
Employee Stock Option (right to buy)	**2/25/2007**	**2/25/2013**	**Common Stock**	**1250**	**$3.18**	**D**	
Employee Stock Option (right to buy)	**2/25/2008**	**2/25/2013**	**Common Stock**	**1250**	**$3.18**	**D**	
Employee Stock Option (right to buy)	**2/25/2009**	**2/25/2013**	**Common Stock**	**1250**	**$3.18**	**D**	
Employee Stock Option (right to buy)	**2/9/2007**	**2/9/2014**	**Common Stock**	**5000**	**$2.75**	**D**	
Employee Stock Option (right to buy)	**2/9/2008**	**2/9/2014**	**Common Stock**	**5000**	**$2.75**	**D**	
Employee Stock Option (right to buy)	**2/9/2009**	**2/9/2014**	**Common Stock**	**5000**	**$2.75**	**D**	
Employee Stock Option (right to buy)	**2/9/2010**	**2/9/2014**	**Common Stock**	**5000**	**$2.75**	**D**	
Employee Stock Option (right to buy)	**3/7/2008**	**3/7/2015**	**Common Stock**	**4000**	**$3.75**	**D**	
Employee Stock Option (right to buy)	**3/7/2009**	**3/7/2015**	**Common Stock**	**4000**	**$3.75**	**D**	
Employee Stock Option (right to buy)	**3/7/2010**	**3/7/2015**	**Common Stock**	**4000**	**$3.75**	**D**	
Employee Stock Option (right to buy)	**3/7/2011**	**3/7/2015**	**Common Stock**	**4000**	**$3.75**	**D**	
Employee Stock Option (right to buy)	**4/4/2009**	**4/4/2016**	**Common Stock**	**1200**	**$2.80**	**D**	
Employee Stock Option (right to buy)	**4/4/2010**	**4/4/2016**	**Common Stock**	**2400**	**$2.80**	**D**	
Employee Stock Option (right to buy)	**4/4/2011**	**4/4/2016**	**Common Stock**	**3600**	**$2.80**	**D**	
Employee Stock Option (right to buy)	**4/4/2012**	**4/4/2016**	**Common Stock**	**4800**	**$2.80**	**D**	
Employee Stock Option (right to buy)	**2/12/2010**	**2/12/2017**	**Common Stock**	**1000**	**$2.01**	**D**	
Employee Stock Option (right to buy)	**2/12/2011**	**2/12/2017**	**Common Stock**	**2000**	**$2.01**	**D**	
Employee Stock Option (right to buy)	**2/12/2012**	**2/12/2017**	**Common Stock**	**3000**	**$2.01**	**D**	
Employee Stock Option (right to buy)	**2/12/2013**	**2/12/2017**	**Common Stock**	**4000**	**$2.01**	**D**	
Employee Stock Option (right	**2/11/2011**	**2/11/2018**	**Common**				

Table II - Derivative Securities Beneficially Owned (*e.g.* , puts, calls, warrants, options, convertible securities)

1. Title of Derivate Security (Instr. 4)	2. Date Exercisable and Expiration Date (MM/DD/YYYY)		3. Title and Amount of Securities Underlying Derivative Security (Instr. 4)		4. Conversion or Exercise Price of Derivative Security	5. Ownership Form of Derivative Security: Direct (D) or Indirect (I) (Instr. 5)	6. Nature of Indirect Beneficial Ownership (Instr. 5)
	Date Exercisable	Expiration Date	Title	Amount or Number of Shares			
to buy)			**Stock**	**5000**	**$3.58**	**D**	
Employee Stock Option (right to buy)	**2/11/2012**	**2/11/2018**	**Common Stock**	**10000**	**$3.58**	**D**	
Employee Stock Option (right to buy)	**2/11/2013**	**2/11/2018**	**Common Stock**	**15000**	**$3.58**	**D**	
Employee Stock Option (right to buy)	**2/11/2014**	**2/11/2018**	**Common Stock**	**20000**	**$3.58**	**D**	

Explanation of Responses:

Reporting Owners

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other
Sousa Michael **209 10TH AVE. SOUTH** **SUITE 450** **NASHVILLE, TN 37203**			**Senior Vice President**	

Signatures

Michael Sousa — **2/26/2010**

** Signature of Reporting Person — Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

***** If the form is filed by more than one reporting person, *see* Instruction 5(b)(v).

****** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

LIMITED POWER OF ATTORNEY

KNOW ALL MEN BY THESE PRESENTS, that Michael Sousa has made, constituted and appointed, and by these presents does make, constitute and appoint Gerard Hayden or Scott Roberts as its true and lawful attorney-in-fact, for its and in its name, place and stead, and for its use and benefit, to do all things and to execute all documents necessary to ensure compliance with Section 16 reporting requirements associated with my relationship with HealthStream, Inc.

It is my intention by this instrument to grant unto said attorney-in-fact full power and authority to do and perform all and every act and thing whatsoever to accomplish the foregoing grant of power as shall be necessary to be done on my behalf as fully to all intents and purposes as I might or could do if I was present in person.

This power of attorney may be revoked by the undersigned only by specific revocation endorsed or written hereon, and until such revocation be endorsed or written hereon, all persons may rely upon this power of attorney as being in full force and effect.

IN WITNESS WHEREOF, I have hereunto set my hand, the 9th day of February, 2010.

/s/ Michael Sousa