Harvest Natural Resources Schedules 2009 Earnings Release and Conference Call

HOUSTON, March 15, 2010 /PRNewswire via COMTEX News Network/ -- Harvest Natural Resources, Inc. (NYSE: HNR) will release its 2009 fourth quarter and year end operational and financial results before the market opens on Tuesday, March 16, 2010.

Harvest will hold a conference call at 10:00 a.m. Central Daylight Time on Tuesday, March 16, 2010, during which management will discuss Harvest's 2009 fourth quarter and year end results. The conference leader will be James A. Edmiston, President and Chief Executive Officer. To access the conference call, dial 800-946-0712 or 719-325-2361, five to ten minutes prior to the start time. At that time you will be asked to provide the conference number, which is 6924463. A recording of the conference call will also be available for replay at 719-457-0820, passcode 6924463, until March 26, 2010.

The Conference call will also be transmitted over the internet through the Company's website at www.harvestnr.com. To listen to the live webcast, enter the web site fifteen minutes before the call to register, download and install any necessary audio software. For those who cannot listen to the live broadcast, a replay of the webcast will be available beginning shortly after the call and will remain on the web site for approximately 90 days.

About Harvest Natural Resources

Harvest Natural Resources, Inc. headquartered in Houston, Texas, is an independent energy company with principal operations in Venezuela, exploration and producing assets in the United States, exploration assets in the United Sates, Indonesia, Gabon, Oman and China, and business development offices in London and Singapore. For more information visit the Company's website at http://www.harvestnr.com.


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CONTACT:
Stephen C. Haynes
Vice President, Chief Financial Officer
(281) 899-5716
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"This press release may contain projections and other forward-looking statements within the meaning of Section 27A of the Securities Act of 1933 and Section 21E of the Securities Exchange Act of 1934. They include estimates and timing of expected oil and gas production, oil and gas reserve projections of future oil pricing, future expenses, planned capital expenditures, anticipated cash flow and our business strategy. All statements other than statements of historical facts may constitute forward-looking statements. Although Harvest believes that the expectations reflected in such forward-looking statements are reasonable, it can give no assurance that such expectations will prove to have been correct. Actual results may differ materially from Harvest's expectations as a result of factors discussed in Harvest's 2008 Annual Report on Form 10-K and other public filings."

SOURCE Harvest Natural Resources, Inc.

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