

April 12, 2016

Healthcare Services Group, Inc. Reports Results for the Three Months Ended March 31, 2016 & Increases First Quarter 2016 Cash Dividend

BENSALEM, Pa., April 12, 2016 (GLOBE NEWSWIRE) -- Healthcare Services Group, Inc. (NASDAQ:HCSG) reported that revenues for the three months ended March 31, 2016 increased approximately 8% to \$384,807,000 compared to the same 2015 period. Net income for the three months ended March 31, 2016 was \$18,626,000 or \$0.26 per basic and per diluted common share, compared to the three months ended March 31, 2015 net income of \$15,516,000 or \$0.22 per basic and per diluted common share.

Additionally, our Board of Directors declared a quarterly cash dividend of \$0.18250 per common share, payable on June 24, 2016 to shareholders of record at the close of business on May 20, 2016. This represents the 52nd consecutive quarterly cash dividend payment, as well as the 51st consecutive increase since our initiation of quarterly cash dividend payments in 2003.

The Company will host a conference call on Wednesday, April 13, 2016 at 8:30 a.m. Eastern Time to discuss its results for the three months ended March 31, 2016. The call may be accessed via phone at 800-893-5360. The call will be simultaneously webcast under the "Events & Presentations" section of the investor relations page on our website, www.hcsg.com. A replay of the webcast will also be available on our website through approximately 10:00 p.m. Eastern Time on Wednesday, April 13th.

The Company also announced that it will present at several upcoming conferences, including the UBS Global Healthcare Conference on May 24th at the Grand Hyatt New York in New York City, the Jefferies 2016 Global Healthcare Conference on June 7th at the Grand Hyatt New York in New York City, and the Citi 2016 Small & Mid Cap Conference on June 9th at the Lotte New York Palace in New York City.

Cautionary Statement Regarding Forward-Looking Statements

This release and any schedules incorporated by reference into it may contain forward-looking statements within the meaning of Section 27A of the Securities Act of 1933, as amended, and Section 21E of the Securities Exchange Act of 1934, as amended, which are not historical facts but rather are based on current expectations, estimates and projections about our business and industry, our beliefs and assumptions. Words such as "believes," "anticipates," "plans," "expects," "will," "goal," and similar expressions are intended to identify forward-looking statements. The inclusion of forward-looking statements should not be regarded as a representation by us that any of our plans will be achieved. We undertake no obligation to publicly update or revise any forward-looking statements, whether as a result of new information, future events or otherwise. Such forward-looking information is also subject to various risks and uncertainties. Such risks and uncertainties include, but are not limited to, risks arising from our providing services exclusively to the health care industry, primarily providers of long-term care; credit and collection risks associated with this industry; having several significant clients who each individually contributed at least 3% with one as high as 9% of our total consolidated revenues for the three months ended March 31, 2016; our claims experience related to workers' compensation and general liability insurance; the effects of changes in, or interpretations of laws and regulations governing the industry, our workforce and services provided, including state and local regulations pertaining to the taxability of our services and other labor related matters such as minimum wage increases; continued receipt of tax benefits arising from our corporate reorganization and self-funded health insurance program transition; risks associated with the reorganization of our corporate structure; and the risk factors described in our Form 10-K filed with the Securities and Exchange Commission for the year ended December 31, 2015 in Part I thereof under "Government Regulation of Clients," "Competition" and "Service Agreements/Collections," and under Item IA "Risk Factors".

These factors, in addition to delays in payments from clients, have resulted in, and could continue to result in, significant additional bad debts in the near future. Additionally, our operating results would be adversely affected if unexpected increases in the costs of labor and labor-related costs, materials, supplies and equipment used in performing services could not be passed on to our clients.

In addition, we believe that to improve our financial performance we must continue to obtain service agreements with new clients, provide new services to existing clients, achieve modest price increases on current service agreements with existing clients and maintain internal cost reduction strategies at our various operational levels. Furthermore, we believe that our ability to sustain the internal development of managerial personnel is an important factor impacting future operating results

and successfully executing projected growth strategies.

Healthcare Services Group, Inc. is the largest national provider of professional housekeeping, laundry and dietary services to long-term care and related health care facilities.

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HEALTHCARE SERVICES GROUP, INC. CONSOLIDATED STATEMENTS OF INCOME (Unaudited)

	For the Three Months Ended March 31,			
		2016		2015
Revenues	\$:	384,807,000	\$	355,246,000
Operating costs and expenses:				
Cost of services provided	;	330,044,000		303,936,000
Selling, general and administrative		25,346,000		26,763,000
Income from operations		29,417,000		24,547,000
Other income, net:				
Investment and interest		187,000		507,000
Income before income taxes		29,604,000		25,054,000
Income tax provision		10,978,000		9,538,000
Net income	\$	18,626,000	\$	15,516,000
Basic earnings per common share	\$	0.26	\$	0.22
Diluted earnings per common share	\$	0.26	\$	0.22
Cash dividends per common share	\$	0.18	\$	0.18
Basic weighted average number of common shares outstanding	_	72,364,000	_	71,469,000
Diluted weighted average number of common shares outstanding		73,014,000		72,159,000

HEALTHCARE SERVICES GROUP, INC. CONDENSED CONSOLIDATED BALANCE SHEETS (Unaudited)

	March 31, 2016	December 31, 2015		
Cash and cash equivalents	\$ 29,120,000	\$ 33,189,000		
Marketable securities, at fair value	72,358,000	69,496,000		
Accounts and notes receivable, net	236,412,000	214,854,000		
Other current assets	53,615,000	47,803,000		
Total current assets	391,505,000	365,342,000		
Property and equipment, net	13,275,000	13,086,000		
Notes receivable - long term	3,213,000	2,972,000		
Goodwill	44,438,000	44,438,000		
Other intangible assets, net	16,297,000	17,108,000		
Deferred compensation funding	25,659,000	25,391,000		

Other assets	8,708,000	 12,612,000
Total Assets	\$ 503,095,000	\$ 480,949,000
Accrued insurance claims - current	\$ 21,475,000	\$ 19,740,000
Other current liabilities	81,121,000	76,325,000
Total current liabilities	102,596,000	96,065,000
Accrued insurance claims - long term	61,783,000	62.510.000
Deferred compensation liability	25,761,000	25,918,000
Stockholders' equity	312,955,000	296,456,000
Total Liabilities and Stockholders' Equity	\$ 503,095,000	\$ 480,949,000



Source: Healthcare Services Group, Inc.

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