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GREEN MOUNTAIN COFFEE ROASTERS INC

Reported by

WESLEY NORMAN H

FORM 4

(Statement of Changes in Beneficial Ownership)

Filed 08/01/12 for the Period Ending 07/30/12

Address	33 COFFEE LANE WATERBURY, VT 05676
Telephone	8022445621
CIK	0000909954
Symbol	GMCR
SIC Code	2090 - Miscellaneous Food Preparations And Kindred
Industry	Food Processing
Sector	Consumer/Non-Cyclical
Fiscal Year	09/29

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FORM 4

[ ] Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

UNITED STATES SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549

OMB APPROVAL
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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(f) of the Investment Company Act of 1940

1. Name and Address of Reporting Person *	2. Issuer Name **and** Ticker or Trading Symbol	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)
WESLEY NORMAN H	**GREEN MOUNTAIN COFFEE ROASTERS INC [GMCR]**	__ **X** __ Director _____ 10% Owner _____ Officer (give title below) _____ Other (specify below)
(Last) (First) (Middle) **C/O GREEN MOUNTAIN COFFEE ROASTERS INC, 33 COFFEE LANE**	3. Date of Earliest Transaction (MM/DD/YYYY) **7/30/2012**	
(Street) **WATERBURY, VT 05676** (City) (State) (Zip)	4. If Amendment, Date Original Filed (MM/DD/YYYY)	6. Individual or Joint/Group Filing (Check Applicable Line) _ **X** _ Form filed by One Reporting Person ___ Form filed by More than One Reporting Person

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1.Title of Security (Instr. 3)	2. Trans. Date	2A. Deemed Execution Date, if any	3. Trans. Code (Instr. 8)		4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	V	Amount	(A) or (D)	Price			

Table II - Derivative Securities Beneficially Owned (*e.g.* , puts, calls, warrants, options, convertible securities)

1. Title of Derivate Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Trans. Date	3A. Deemed Execution Date, if any	4. Trans. Code (Instr. 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction (s) (Instr. 4)	10. Ownership Form of Derivative Security: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				
Restricted Stock Units	**$0** (1)	**7/30/2012**		**A**		**659**		(2)	**7/30/2022**	**GMCR Common Stock**	**659**	**$0**	**659**	**D**	
GMCR NQ Stock Options	**$18.2**	**7/30/2012**		**A**		**3997**		(2)	**7/30/2022**	**GMCR Common Stock**	**3997**	(3)	**3997**	**D**	

Explanation of Responses:

(1) Each restricted stock unit represents a contingent right to receive one share of GMCR common stock. The price of a share of the company's common stock on the date of grant was $18.20.

(2) Options and restricted stock units vest in four equal and consecutive installments beginning on the first anniversary of the Grant Date. Upon termination of service, all then vested options remain exercisable for the first to occur of four years from the date of termination or the normal expiration date of the option. For the first two years post-termination, all options and restricted stock units continue to vest according to their normal schedule. Any options that vest during this two year period will then be exercisable for the earlier to occur of the normal expiration date of the option or the date which is four years from the date of termination. At the end of the two year period post-retirement, all then unvested options and restricted stock units automatically vest. Options remain exercisable for the first to occur of the date of normal expiration of the option or two years from the date they automatically vested.

Reporting Owners

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other
WESLEY NORMAN H **C/O GREEN MOUNTAIN COFFEE ROASTERS INC** **33 COFFEE LANE** **WATERBURY, VT 05676**	**X**			

Signatures

/s/ Valerie Jennings pursuant to a Power of Attorney — **8/1/2012**

** Signature of Reporting Person — Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

***** If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

****** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.