

ENERGY XXI GULF COAST, INC.

Reported by
SPRINGEL STANFORD

FORM 4

(Statement of Changes in Beneficial Ownership)

Filed 05/11/17 for the Period Ending 05/10/17

Address	1021 MAIN STREET SUITE 2626 HOUSTON, TX 77002
Telephone	713-351-3000
CIK	0001404973
Symbol	EXXI
Fiscal Year	12/31

FORM 4

**UNITED STATES SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549**

OMB APPROVAL
OMB Number: 3235-0287
Estimated average burden
hours per response... 0.5

[] Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or
Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person * SPRINGEL STANFORD (Last) (First) (Middle) 1021 MAIN STREET, SUITE 2626 (Street) HOUSTON, TX 77002 (City) (State) (Zip)	2. Issuer Name and Ticker or Trading Symbol Energy XXI Gulf Coast, Inc. [EXXI]	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) <input checked="" type="checkbox"/> Director _____ 10% Owner _____ Officer (give title below) _____ Other (specify below)
3. Date of Earliest Transaction (MM/DD/YYYY) <p align="center">5/10/2017</p>		6. Individual or Joint/Group Filing (Check Applicable Line) <input checked="" type="checkbox"/> Form filed by One Reporting Person <input type="checkbox"/> Form filed by More than One Reporting Person
4. If Amendment, Date Original Filed (MM/DD/YYYY)		

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Trans. Date	2A. Deemed Execution Date, if any	3. Trans. Code (Instr. 8)		4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	V	Amount	(A) or (D)	Price			

Table II - Derivative Securities Beneficially Owned (e.g. , puts, calls, warrants, options, convertible securities)

1. Title of Derivate Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Trans. Date	3A. Deemed Execution Date, if any	4. Trans. Code (Instr. 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form of Derivative Security: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				
Restricted Stock Units (1)	(2)	5/10/2017		A		4790		(3)	(3)	Common Stock	4790	\$0	4790	D	
Restricted Stock Units (1)	(2)	5/10/2017		A		7369		(4)	(4)	Common Stock	7369	\$0	7369	D	

Explanation of Responses:

- (1) The restricted stock units were awarded under the Energy XXI Gulf Coast, Inc. 2016 Long Term Incentive Plan to Mr. Springel.
- (2) Each restricted stock unit represents a contingent right to receive one share of common stock, par value \$0.01 per share, of Energy XXI Gulf Coast, Inc.
- (3) 2,395 of the restricted stock units are vested, but settlement of this portion of this award is deferred until the earlier of (a) a change of control of Energy XXI Gulf Coast, Inc. or (b) the date that Mr. Springel ceases to be a member of the Board of Directors. 2,395 of the restricted stock units will vest on the 2018 Annual General Meeting of Shareholders date, but the settlement of this portion of this award may be deferred at the election of Mr. Springel.
- (4) The restricted stock units will vest in three equal installments on each Annual General Meeting of Shareholders date in 2018, 2019, and 2020, but settlement of the award may be deferred at the election of Mr. Springel.

Reporting Owners

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other
SPRINGEL STANFORD 1021 MAIN STREET SUITE 2626 HOUSTON, TX 77002	X			

Signatures

/s/ Stanford Springel

5/11/2017

**Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.