



Workplace Early-Birds Don't Receive the Same Recognition as Those Who Put in Overtime After 5, says MRINetwork

PHILADELPHIA, May 2, 2006 /PRNewswire via COMTEX News Network/ -- Workplace early birds who prefer to put in overtime hours before the start of the workday don't get the same recognition for their efforts as those who work later into the evening after most people have left the office, according to MRINetwork, one of the world's largest search and recruitment networks.

"Despite the fact that putting in the extra time -- whether it be in the early hours of the morning or late at night -- potentially leads to greater productivity, workplace early birds do not reap the same rewards, promotions or acknowledgements for their efforts," explained MRINetwork President and CEO Bill Olson. "It's simply true that more notice is taken of people who work late than of people who come in early and as the nation's workforce continues to be reachable 24/7 on their blackberries and cell phones, employees can tend to forget the importance of putting in face time at the office.

He offers the following suggestions for getting your overtime efforts recognized, no matter what the hour:

- * Send your boss an email at the time you are doing the work if you have a question or want to apprise him of a situation that you have handled rather than waiting to send that email during "normal" business hours. Your email will display the date and time, and it will become more obvious when you are getting the work done.
- * Ask your supervisor if you require keys or a special security code to gain access to your offices at off-hours.
- * Don't be modest -- tell your boss when you have been putting in that extra time and what you have been able to accomplish during those additional hours at the office.
- * If you are asked to work extra hours to meet a deadline, apprise your boss of your time preferences and explain why your choice still leaves you time to spend with your family or on other activities that are important to you such as exercising.

Generally speaking, however, if you worry less about the kudos and make the most out of quiet, uninterrupted work time, you will ultimately be more productive, which is far more important to your manager in the long run.

About MRINetwork:

Management Recruiters International, Inc, trading as MRINetwork (<http://www.mrinetwork.com>), is a subsidiary of staffing and outsourcing leader CDI Corp. (NYSE: CDI), a global provider of engineering and information technology outsource solutions and professional staffing (<http://www.cdicorp.com>). MRINetwork has nearly 1,100 offices in over 35 countries.

SOURCE MRINetwork

Karen Bloomfield of MRINetwork, +1-215-751-1767, karen.bloomfield@mrinetwork.com; or Jessica Perry, +1-212-850-5618, jperry@fd-us.com, for MRINetwork

<http://www.prnewswire.com>

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