



Global Capacity Announces Strong 2009 Gains in 'Strategic Sourcing' Line of Business

Additional Knowledge Leads to Smart Telecom Buying Decisions for Customers

CHICAGO, Dec 16, 2009 /PRNewswire via COMTEX News Network/ -- Global Capacity, Inc. (parent: Capital Growth Systems, Inc. (OTC Bulletin Board: CGSY)), the world's leading telecommunications information and logistics company, today announced that its "Strategic Sourcing" line of business delivered strong 2009 results, positioning the company for continued growth in 2010. Global Capacity leverages its Knowledge Engine, a proprietary telecom industry information and automation tool across 195 countries and 6 continents, to enable its clients to make intelligent buying decisions. The Strategic Sourcing products, "One Marketplace" and "Network Novation Services," allow customers to design, price, build, optimize and manage both standard and customized worldwide data movement.

The annual growth rate for One Marketplace in 2009 through November is a robust 163%. The aggregated network purchasing solution has been embraced by customers who have experienced immediate cost reductions for data connectivity. Sales growth in Network Novation Services in the same time period was an impressive 46%. The novation approach combines Global Capacity's network engineering expertise with the Knowledge Engine to build new network configurations that improve costs through circuit alteration and carrier selection. These strong growth rates were driven by exceptional client positioning and consultation to optimize value for both Enterprise customers and the many leading global telecommunications suppliers served by Global Capacity.

"Clients come to Global Capacity because they value the knowledge and expertise we provide them to optimize their data networks and provide first rate service and reliability," says Tina Schwab, Vice President of Sales. "We are extremely well positioned to expand on our success in 2010."

"The Strategic Sourcing products are core to our business in 2010," states Patrick Shutt, Global Capacity CEO. "These products represent the strategic value we provide our growing customer base. The continued high demand we have seen in 2009, given current worldwide economic challenges, is evidence of Global Capacity's value in the global marketplace. We are optimistic that these product lines will continue to drive growth in the coming year as we capitalize on our 2009 successes."

For more information on Global Capacity, please visit www.globalcapacity.com, and to learn more about the GCPrice platform, please visit www.gcprice.com.

About Global Capacity

Global Capacity (parent: Capital Growth Systems, Inc.) is a telecom information and logistics company that increases efficiency and reduces data movement costs for our clients. Global Capacity streamlines and accelerates the process of designing, pricing, building, optimizing, and managing both standard and customized data movement networks. Global Capacity delivers services to enterprises, systems integrators, governments and carrier customers worldwide. Global Capacity's knowledge engine is powered by information, knowledge, analysis, and algorithms covering 195 countries on 6 continents. For more information, please visit www.globalcapacity.com or contact the company at + 1 312-673-2400.

Forward Looking Statements

Certain information discussed in this press release may constitute forward-looking statements within the meaning of the Private Securities Litigation Reform Act of 1995 and Federal securities laws. Although the Company believes that the expectations reflected in such forward-looking statements are based upon reasonable assumptions at the time made, it can give no assurance that its expectations will be achieved. Readers are cautioned not to place undue reliance on these forward-looking statements.

Forward-looking statements are inherently subject to unpredictable and unanticipated risks, trends, and uncertainties such as: the Company's inability to accurately forecast its operating results; uncertainty as to the volume of business or level of profitability of network optimization contracts; the Company's potential ability to achieve profitability or generate positive cash flow; the availability of financing; the risks associated with procuring a listing of its securities on one or more public stock markets; and other risks associated with the Company's business. For further information on factors which could impact the Company and its subsidiaries and the statements contained herein, reference should be made to the Company's filings with the Securities and Exchange Commission, including annual reports on Form 10-K, quarterly reports on Form 10-Q, and current reports on Form 8-K. The Company assumes no obligation to update or supplement forward-looking statements that become

untrue because of subsequent events.

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