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Frontier Communications Helps Customers Stay Safe on the Internet and Social Networks

Frontier SecureSM Offers Multiple Layers of Computer Security

STAMFORD, Conn.--(BUSINESS WIRE)-- We shop and bank online, make travel arrangements, buy movie tickets, pay our bills, update our social sites — the activities are endless. But when you send your confidential data or click on a link, how do you know your computer and your data will be safe? June is *Internet Safety Month* and a perfect time to ensure your computers can handle all that hackers throw at them.

"Frontier knows that it's important to protect ourselves and our families when they're online," says Kelly Morgan, Vice President/GM of Frontier Secure Services. "But we may forget that everyone, not just our kids, should be cautious when surfing the Internet and using social networks. It's especially critical to take precautions when providing financial or other personal information."

Consider these safety tips when using social networks and the Internet:

- **Passwords:** Don't choose a common password such as "123456." Make your password personal, such as the name of your favorite sports team plus your favorite number, or your favorite teacher.
- **Information:** Share as little personal information as possible. That might be difficult since you do just that on Facebook or Twitter, but do not include any financial information, your birthday, address, e-mail address, phone number, etc.
- **Limit:** The more social networks you join, the greater your chances of being hacked. Limit your social networking sites to two or three at most. Stick to popular networks such as Twitter and Facebook because they are more credible and have stricter safety standards.
- **Safety:** Update the privacy settings on your social networking pages. Limit the friends and followers who see your content. For example, on Facebook you can control where your posts go by customizing the "Settings" icon of your profile page. On Twitter, you can request notification when someone new is following you.
- **Know your source:** Never click on a link from someone you don't know. Remember that even your friends can have a computer virus that blasts to all their contacts without their knowledge.
- **Look out for "Deals":** Many of us take advantage of various discount opportunities, but even these links may have viruses. Be sure you're opening a safe link even if the business is credible.
- **Search term mix ups:** A harmless Internet search can bring up websites laced with viruses. Be extra careful about what you type in a search engine.
- **Security:** Make sure your computer has the latest security software so it's protected against attack from social media hackers, viruses, spyware and other Internet threats.

"Today, we can't imagine life without the Internet, but we need to guard against computer intrusions and threats," said Kelly Morgan. Frontier Communications offers [Frontier Secure](#), a leading-edge Internet computer security program that gives users *peace of mind* about their Internet experience. Frontier Secure provides Internet security, unlimited backup and file sharing and 24/7 U.S.-based tech support. In addition, Frontier Identity Protection offers unlimited professional consultation before, during and after an identity theft incident, including credit monitoring and identity scan services.

To learn more about Frontier Secure services, visit www.Frontier.com/secure or call 888.620.3663.

About Frontier Communications

Frontier Communications Corporation (NASDAQ: FTR), is an S&P 500 company and is included in the FORTUNE 500 list of America's largest corporations. Frontier offers broadband, voice, satellite video, wireless Internet data access, entertainment services like [TumTiki.com](#), data security solutions, bundled offerings and specialized bundles for residential customers, small businesses and home offices and advanced business communications for medium and large businesses in 27 states. Frontier's approximately 15,500 employees are based entirely in the United States. More information is available at www.frontier.com.

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