



July 2, 2012

## Frontier-Sponsored Ariana Kukors Returns Home after Qualifying for London

**Five-time national swim champion will make her first-ever appearance competing on the world's biggest stage this summer**

EVERETT, Wash.--(BUSINESS WIRE)-- Frontier All-Star Team (FAST) ambassador Ariana Kukors is arriving in Everett to celebrate her qualifying performance at the U.S. swim trials. Her sponsor, Frontier Communications, will welcome her at a reception at the Mill Creek YMCA on July 5, from 4 to 5 p.m., where she will conduct a meet-and-greet with Y members and the community. All are encouraged to attend and wish her success in London.

In April, Kukors teamed with Frontier as an ambassador for its FAST initiative. Through FAST, Frontier is sponsoring Pacific Northwest athletes throughout their journeys as they prepare to represent our country before the world this summer in London. In Washington, this involves community appearances and support of the YMCA of Snohomish County to bring greater visibility to what the Y does and its positive effect on the community with programs for youth development, healthy living and social responsibility. Additional funding for the Y is also provided through the *Great Frontier Donate*, a charitable program designed by Frontier to give back to local communities.

"Frontier is committed to supporting and strengthening the communities it serves," Washington State Senior Vice President and General Manager Rich Klena said. "We're thrilled to partner with our FAST ambassador Ariana as she heads to London, and we congratulate her on this important step. We're grateful to work with her to support the YMCA of Snohomish County."

Kukors qualified for the first time at the recent U.S. swim trials in Omaha, Neb., on June 28, 2012. Kukors missed qualifying in 2008 at the same venue by just eight-hundredths of a second, so this breakthrough performance was especially fulfilling.

"My success is not only dependent upon hard work and dedication, but also upon those people and organizations that have supported me on my journey," Kukors said. "Growing up at the Y and learning to swim there helped shape me into the athlete I am today, and I am so grateful for the support of this community and of Frontier. I can't wait to represent the state of Washington and our country this summer in London."

To learn more about the FAST initiative and Ariana's journey, visit [www.FrontierWA.com](http://www.FrontierWA.com). Frontier welcomes the community to meet Ariana on Thursday, July 5, 4 to 5 p.m., at the Mill Creek YMCA, 13723 Puget Park Drive, Everett WA 98208.

### **About YMCA of Snohomish County**

The Y is one of the nation's leading nonprofits, strengthening communities through youth development, healthy living and social responsibility. The YMCA of Snohomish County has been serving and strengthening our communities since 1901 and has the longstanding relationships and physical presence not just to promise, but to deliver, lasting personal and social change. The Y offers programs, services and initiatives to nurture the potential of children and teens, improve the nation's health and well-being, and provide opportunities to give back and support our neighbors. For more information, please visit us online at [www.ymca-snoco.org](http://www.ymca-snoco.org).

### **About Frontier Communications**

Frontier Communications Corporation (NASDAQ: FTR), is an S&P 500 company and is included in the FORTUNE 500 list of America's largest corporations. Frontier offers broadband, voice, satellite video, wireless Internet data access, entertainment services like [TumTiki.com](http://TumTiki.com), data security solutions, bundled offerings and specialized bundles for residential customers, small businesses and home offices and advanced business communications for medium and large businesses in 27 states. Frontier's approximately 15,500 employees are based entirely in the United States. More information is available at [www.frontier.com](http://www.frontier.com).

Frontier Communications  
Tom Merz, 425-261-6792  
Marketing Manager, Washington  
[thomas.merz@ftr.com](mailto:thomas.merz@ftr.com)

Source: Frontier Communications Corporation

