



March 1, 2017

Contango Announces Fourth Quarter and Year-End 2016 Earnings Release and Conference Call Schedule

HOUSTON, March 01, 2017 (GLOBE NEWSWIRE) -- Contango Oil & Gas Company (NYSE MKT:MCF) announced today it expects to issue its fourth quarter and year-end 2016 earnings release after the market close on Wednesday, March 15, 2017. In conjunction with the release, Contango will conduct a conference call to discuss the contents of that release on Thursday, March 16, 2017 at 9:30am Central Daylight Time.

Those interested in participating in the earnings conference call may do so by calling the following phone number: 1-888-855-5837, (International 1-719-325-4856) and entering the following participation code: 7649977. A replay of the call will be available from Thursday, March 16, 2017 at 12:30pm CDT through Thursday, March 23, 2017 at 12:30pm CDT by clicking in the audio replay link [here](#), and entering participation code 7649977.

Contango Oil & Gas Company is a Houston, Texas-based, independent energy company engaged in the exploration, development, exploitation, production and acquisition of natural gas and crude oil properties offshore in the shallow waters of the Gulf of Mexico and in the onshore Texas and Rocky Mountain regions of the United States. Additional information is available on the Company's website at <http://www.contango.com>.

Contact:

Contango Oil & Gas Company

E. Joseph Grady - 713-236-7400

Senior Vice President and Chief Financial Officer

Sergio Castro- 713-236-7400

Vice President and Treasurer

 [Primary Logo](#)

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