



Town Sports International Holdings, Inc. Announces Participation in the Piper Jaffray 2008 Consumer/Industrial Growth Conference

NEW YORK--(BUSINESS WIRE)--June 3, 2008--Town Sports International Holdings, Inc. (NASDAQ: CLUB), a leading owner and operator of health clubs, announced that management will participate in the Piper Jaffray 2008 Consumer/Industrial Growth Conference in New York City at the St. Regis Hotel. Alex Alimanestianu, President & Chief Executive Officer, and Dan Gallagher, Chief Financial Officer, are scheduled to present on Wednesday, June 11, 2008 at 12:30 p.m. Eastern Time.

The presentation will be broadcast through a web broadcast on the Company's website. To access the call, please visit the Company's website at <http://www.mysportsclubs.com>, in the "Investor Relations" section. Access to the presentation is open to the press and general public in a listen only mode.

About Town Sports International Holdings, Inc.

Town Sports International Holdings, Inc. (NASDAQ:CLUB) is a leading owner and operator of fitness clubs in the Northeast and mid-Atlantic regions of the United States operating under the brand names New York Sports Clubs, Boston Sports Clubs, Washington Sports Clubs and Philadelphia Sports Clubs. As of March 31, 2008, Town Sports International, through its subsidiaries, operated 159 clubs in the United States and three clubs in Switzerland. For more information, visit www.mysportsclubs.com.

CONTACT: Town Sports International Holdings, Inc., New York
Investors:
212-246-6700 extension 1650
Investor.relations@town-sports.com
or
ICR, Inc.
Joseph Teklits / Jean Fontana, 203-682-8200
joseph.teklits@icrinc.com

SOURCE: Town Sports International Holdings, Inc.