



## **Town Sports International Holdings, Inc. Announces Third Quarter 2008 Earnings Conference Call**

NEW YORK--(BUSINESS WIRE)--

Town Sports International Holdings, Inc. (TSI) (NASDAQ: CLUB), a leading owner and operator of health clubs, will hold its quarterly conference call to discuss third quarter 2008 financial results on Thursday, October 30, 2008, at 4:30 p.m. Eastern Time.

This call is being web cast by Thomson/CCBN and can be accessed at TSI's Web site at <http://www.mysportsclubs.com>, in the "investor relations" section.

The web cast is also being distributed through the Thomson StreetEvents Network. Individual investors can listen to the call at <http://www.earnings.com>, Thomson's individual investor portal, powered by StreetEvents. Institutional investors can access the call via Thomson StreetEvents (<http://www.streetevents.com>), a password-protected event management site.

About Town Sports International Holdings, Inc.

Town Sports International Holdings, Inc. (NASDAQ:CLUB) is a leading owner and operator of fitness clubs in the Northeast and mid-Atlantic regions of the United States operating under the brand names New York Sports Clubs, Boston Sports Clubs, Washington Sports Clubs and Philadelphia Sports Clubs. As of September 30, 2008, Town Sports International, through its subsidiaries, operated 161 clubs in the United States and three clubs in Switzerland. For more information, visit [www.mysportsclubs.com](http://www.mysportsclubs.com).

Source: Town Sports International Holdings, Inc.